

Report on Collaborations and Health Services



**University as a body provide staff with access to
mental health support**

Year 2024-25



SDG-3

GOOD HEALTH AND WELL-BEING

University as a body provide staff with access to mental health support

Faculty and staff can get mental health and emotional wellbeing support through the University's staff wellness arrangements, which are set out in the staff wellness/HR policy. Under the policy, staff can seek counselling and guidance and, where needed, are referred to outside professionals.

The University also runs awareness and wellbeing activity for academic and administrative staff so that they know what support exists and feel able to use it, and records of these activities are kept. Use of the service is entered in a utilization log, which is kept confidential, and a notification states whether the service is free or charged.

The staff wellness/HR policy, the promotion and awareness records, the utilization log and the fee notification are attached.



DOCUMENTS REQUIRED

- ✓ Staff wellness/HR policy
- ✓ Promotion/awareness activity records for staff
- ✓ Utilisation/log register (staff identities masked)
- ✓ Fee structure (free/charged) notification

