

Report on Collaborations and Health Services



**University as a body provide students with access to
mental health support**

Year 2024-25



SDG-3	GOOD HEALTH AND WELL-BEING
University as a body provide students with access to mental health support	

Students can go to the Counselling Centre to talk through personal, emotional, academic and social problems with a counsellor, and are referred to a mental health professional when that is needed. The centre's service list describes what is available and how a student can approach it.

Alongside individual counselling, the University runs awareness and promotion activity such as workshops, campaigns, stress-management sessions and expert talks, and records of these are kept. Each visit to the centre is entered in a utilization log, which is kept confidential and shows how much the service is used. A notification states whether the service is free or charged.

The service list, the awareness and promotion records, the utilization log and the fee notification are attached.



DOCUMENTS REQUIRED

- ✓ Counselling Centre service list
- ✓ Awareness/promotion activity records (workshops, campaigns)
- ✓ Utilization/log register (student identities masked)
- ✓ Fee structure (free/charged) notification

